

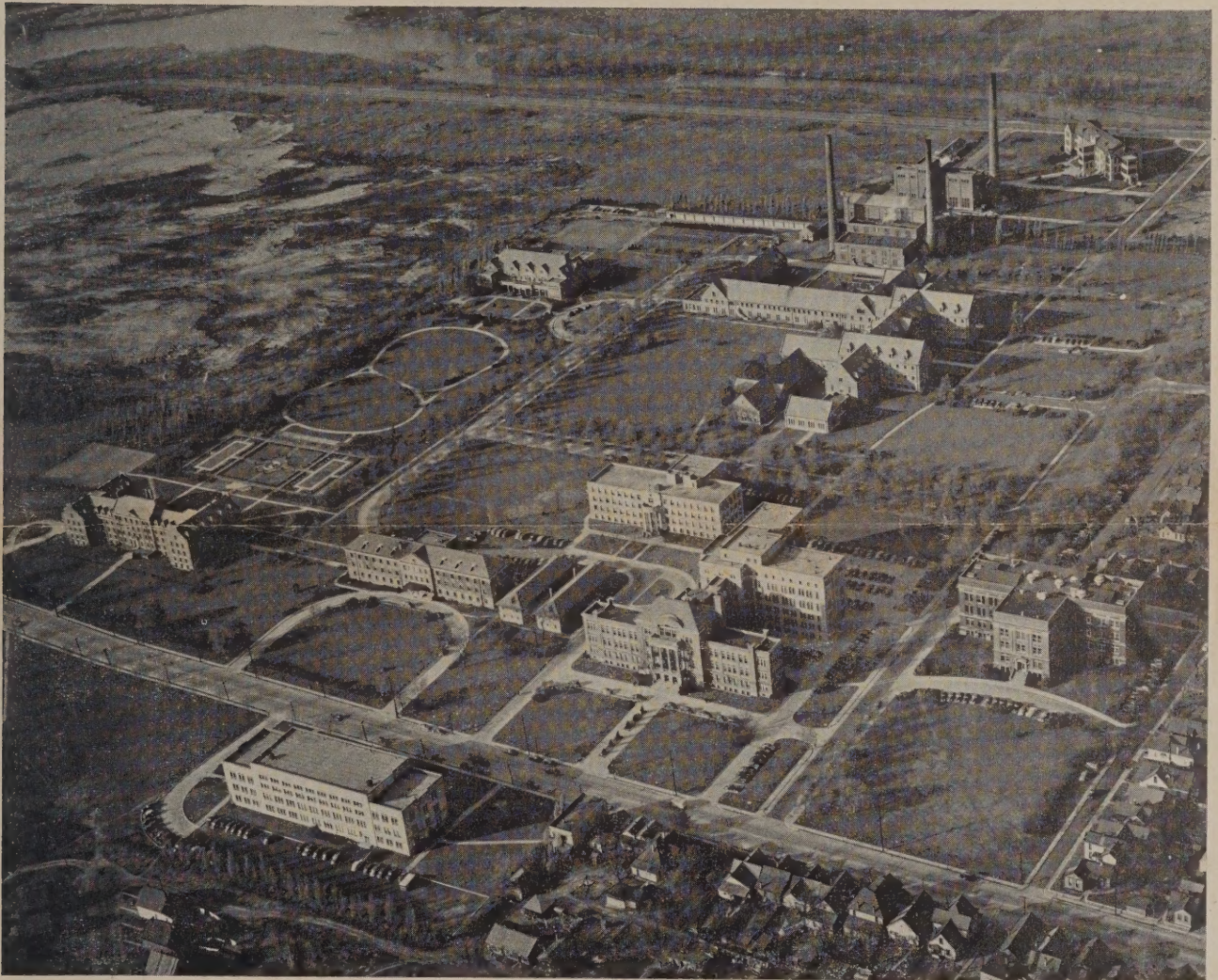
# Indiana University News-Letter

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Bloomington, Indiana

June, 1942

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UNIVERSITY OF ILLINOIS



Dietetics students study and work in the Indiana University Hospitals, included in this group of Medical Center buildings. There are the Robert W. Long Hospital for medical and surgical cases, with 209 beds; the James Whitcomb Riley Hospital for Children, with 276 beds, including the Kiwanis Wing and Rotary Convalescent Unit; and the William H. Coleman Hospital for Women, with 119 beds. Both the Long and Coleman Hospitals receive private patients.

Opportunities for Training and Graduate Study  
in Dietetics at Indiana University Medical Center



# Graduate Training in Dietetics at I. U. Medical Center

The Indiana University Department of Home Economics offers to a limited number of college graduates who can meet the entrance requirements for a student dietitian curriculum, as set up by the American Dietetic Association, an opportunity for training and graduate study in Hospital and Institutional Management at the University Hospitals in Indianapolis. Credit toward a Master's degree is given by the Graduate School of the University for courses offered at these hospitals.

The departments for out-patients, including orthopedic, pediatric, well-baby, diabetic, and neurological clinics, offer special fields for study of social aspects of child and adult nutrition and the planning of special diets for home use.

The instruction of dietitians is under the supervision of Miss Lute Troutt, Director of the Dietary Department, which is operated as a part of the In-

diana University Medical Center. The training includes a year of study and practical application which immediately follows graduation from courses in dietetics. The young women serve in various capacities ranging from the preparation of diets for diabetics to managing the cafeterias that are on the campus for the employees and the students.

The Medical Center, situated on a tract of fifty acres on West Michigan Street in Indianapolis, provides abundant facilities and opportunities for training. Here are the School of Medicine Building itself, the University Hospitals, two nurses' residence halls, a Clinical Building, the School of Dentistry Building, the Rotary Convalescent Unit, the Kiwanis Wing, and the State Board of Health Building. The facilities of the entire Center make it possible for Indiana University to train persons not only to help the sick and the suffering but also to aid in a physical fitness program to prevent illness.



● In a pleasant classroom, dietetics students study diet therapy. One course emphasizes diabetes in children and another is a seminar in food administration and nutrition.





● Dietetics students, in their undergraduate training, work in modern kitchens and dining rooms.

## Courses Offered at the Hospitals for Graduate Credit

- 350. Pediatrics. Lectures in care and development of children with chronic diseases. II. (2 cr.) Dr. MEIKS (School of Medicine).
- 352. Diet Therapy. Diet in disease. I, II. (3 cr.) Miss LODGE.
- 353. Diet Therapy of Diabetes. Lectures and clinics in diabetes of children. I. (1 cr.) Repeated II. Dr. RUDESILL (School of Medicine), Miss CROOKS.
- 356. Principles of Medicine. Lectures in internal medicine. I, II. (1 cr.) Lectures given by the Medical Staff.
- 361. Special Problems in Nutrition. Hours and credit to be arranged. Hospital Staff.
- 363. Recent Advances in Nutrition. Discussion of current literature dealing with nutrition. Seminar. I, II. (2 cr.) Miss LODGE.

In addition to the above, certain courses offered by the Indiana University Extension Division may be applied toward the degree of Master of Science in Home Economics.



## How to Qualify for Admission

The educational requirement is a Bachelor's degree from a recognized college or university with a major in Food and Nutrition. College work must include courses which meet the standards of the American Dietetic Association. The grade for this work must indicate that the student has more than average ability.

Applicants must be twenty-one years of age upon entrance to the course.

Good health is required. Before final acceptance, every student is given a physical examination at the hospital.

The student pays a fee of \$25 for each semester. This fee includes the cost of graduate work taken at the hospital. She also provides herself with plain, white, long-sleeved uniforms and plain, white, low-heeled shoes.

No salary is paid the students, but the hospital furnishes full maintenance, including bed linen, blankets, and towels. The student dietitians have living quarters on the third floor of the Rotary Convalescent Unit of the Riley Hospital.

If at any time a student's work proves unsatisfactory, she is advised to withdraw from the course.

## Length of Training Course

The training course is twelve months in length. Students are accepted in February and September. If a student wishes to take a Master's degree from Indiana University, she must complete the requirements set up by the Graduate School at Bloomington.

Note: Address all applications to the Director of the Dietary Department, Indiana University Medical Center, Indianapolis, Indiana.



● In the Medical Center young women study medicine, dietetics, and nursing. For their leisure hours recreational facilities are provided.



# Outline of Hospital Work

## Administrative Training

- a.* Ordering and inspection of meats, selection of canned goods through the cooperation of the general purchasing department. Scheduled trips to market are made for the purpose of buying fresh fruits and vegetables.
- b.* Ordering of supplies from the central stores department; care, storage, and distribution of food.
- c.* Planning of menus for children, ward patients, private patients, and for the hospital personnel.
- d.* Supervision of the distribution of food in the Long Hospital, Coleman Hospital, Riley Hospital, including the Kiwanis Wing and Rotary Convalescent Unit.
- e.* Training in personnel management.

## Therapeutic Training

- a.* Planning, preparation, and supervision of service of special diets for a wide variety of diseases.
- b.* Intensive planning, preparation, and supervision of service of weighed diets.
- c.* Study of the laboratory findings of patients on weighed diets.
- d.* Instruction of patients in planning their diets after discharge from the hospital, also instruction of patients from outpatient clinics as ordered by the doctor.
- e.* 1. Practical and theoretical work in infant feeding: preparation of infant formulae and other foods in the milk laboratory.  
2. Instruction of student nurses in preparing infant formulae.  
3. Instruction of mothers.
- f.* Required attendance at various clinics and lectures which deal with different phases of the work.

## Commercial Training

The entire hospital personnel obtain their food through a pay cafeteria. Students working on this service are trained in all phases of the commercial cafeteria, i.e., planning of menus, attractive counter setups, serving of food, and food cost accounting.

## Graduate Degree

Students desiring to apply the courses taken at the hospitals toward a Master's degree at Indiana University will, as a general procedure, complete their work on the campus at Bloomington. At least thirty semester hours of credit, including a thesis, are required. Of these, about two-thirds must be in the field of Foods and Nutrition, the rest in closely related subjects. The courses selected must meet with the approval of the head of the Department of Home Economics.

● Students and patients in the Medical Center enjoy the beautiful gardens.





# Increasing Opportunities for Dietitians

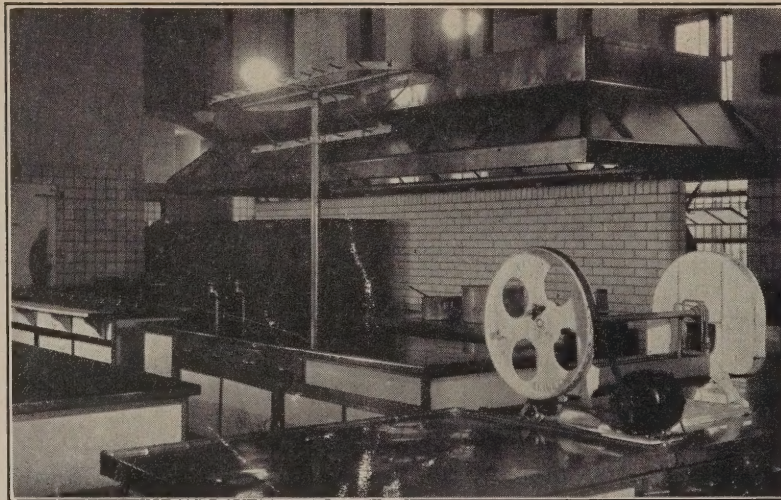
Opportunities for dietitians are increasing with the nation-wide interest in foods as a phase of a physical fitness program. Dietitians are needed not only in hospitals but in many industrial concerns. Business men have recognized the need of the trained dietitian in their cafeterias and realize that it is advantageous to feed their workers scientifically. Therefore the dietitian finds a place in industrial plants as well as in hospitals, clinics, college dormitories, tearooms, and other commercial fields.

Food manufacturers and retailers have recognized the value of trained persons in making consumer in-

vestigations and surveys, in testing products, in creating and testing recipes, and in conducting demonstrations.

Some of the largest advertising agencies in the country are employing dietitians with some journalistic experience as writers of sales promotion material. Other interesting new fields for this type of trained person are radio and newspaper work.

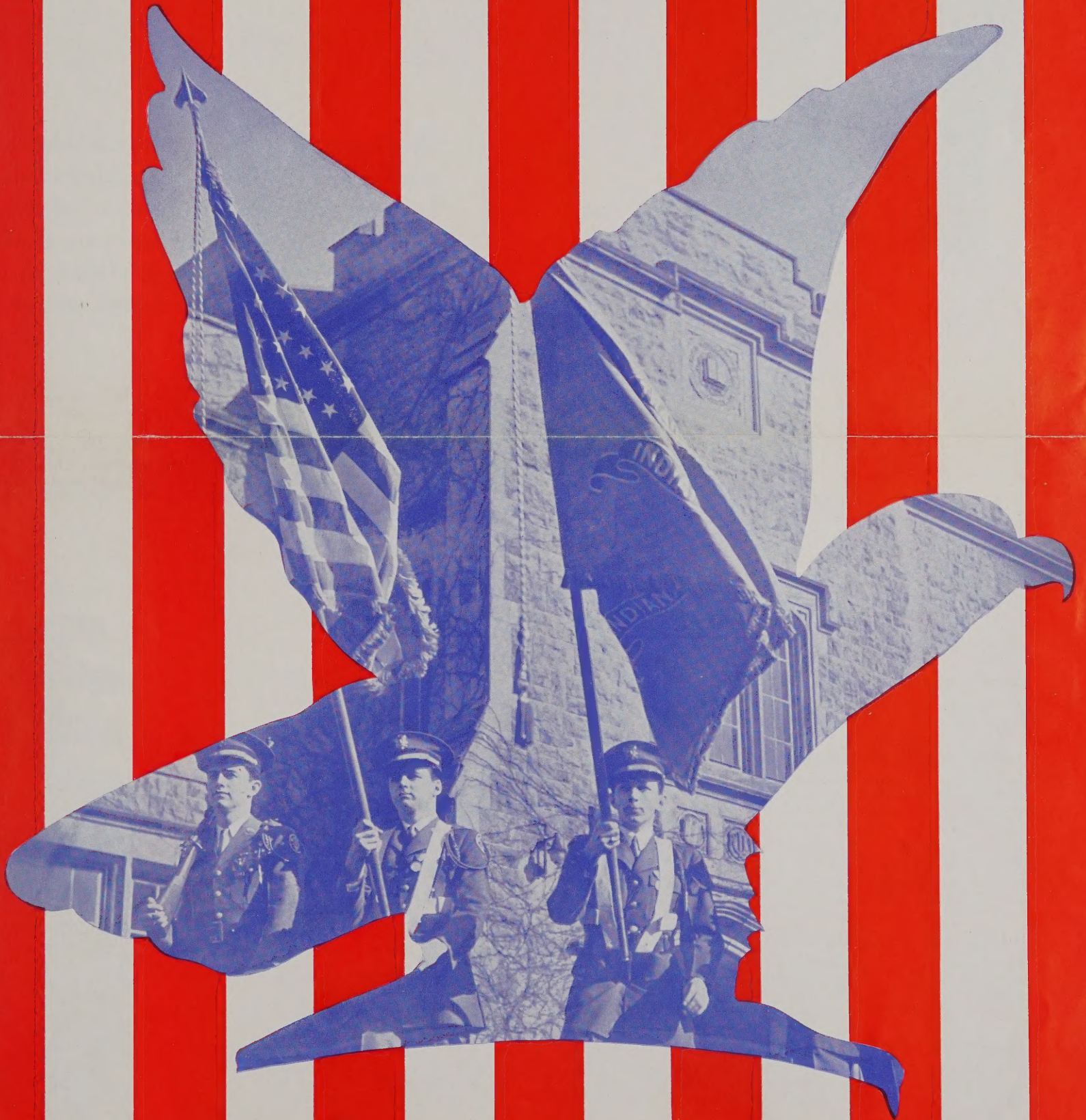
The broadening scope of service presents an ever-increasing field of opportunity.



● A well-equipped institutional kitchen in the Medical Center at Indianapolis provides dietetics students with facilities for administrative, commercial, and therapeutic training.



# THE UNIVERSITY *at* WAR







Indiana University Men!

# HERE'S HOW YOU COUNTRY WHILE YOU



The Army, the Navy, and the Marines accept college students as commissioned officers. Education is considered a valuable asset and to defer active duty until after completion of education. Opportunities are listed below. For more complete information, contact Mr. Horack, Office of Military Information; information for the Army Air Corps may be obtained from Colonel R. L. Shoemaker.

## ★ OPPORTUNITIES IN

**Marine Corps Reserve.** Students in the candidates class of the Marine Corps Reserve may remain in the school until graduation, at which time they may be promoted to privates first-class, after which successful

## ★ OPPORTUNITIES IN U. S. ARMY

SUPPLEMENT TO INDIANA UNIVERSITY NEWS-LETTER  
VOL. XXX NO. 5. BLOOMINGTON, INDIANA, MAY 1942

### LATE BULLETIN FROM WASHINGTON

**Army Enlisted Reserve Corps.** The War Department has announced a general plan for the voluntary enlistment of men who will be allowed to remain in school until they graduate. If the necessity of war demands, the Secretary of War may call to active duty men who enlist in the Reserve Corps, but the Department states that it is their intention to allow students to remain in school as long as possible.

The number of students to be enlisted is as follows: 80,000 freshmen, 57,000 sophomores, 41,000 juniors. Each university or college will be given quotas for the different classes. Colonel R. L. Shoemaker is the official adviser on this program at Indiana University.

**Army Air Forces—Immediate Service.** College students between the ages of 18 and 26, regardless of class standing, are eligible for enlistment in the Air Force Enlisted Reserve. If accepted, students will continue in school until called, which may be several months after enlistment, at which time they will be appointed Aviation Cadets and assigned for training as second lieutenants, either as flying officers or ground officers.

**Army Air Forces—Deferred Service.** College students who wish to complete their education before assignment to active duty may enlist in the Air Force Enlisted Reserve on a deferred service basis. Such students probably will not be called until after their graduation, although the Secretary of War may, in case of necessity, order them to report at an earlier date.





# CAN SERVE YOUR DU ARE IN COLLEGE



depending heavily upon college men for  
ed of sufficient importance in many fields  
of the college course. These special oppor-  
e information, see or write Professor Frank  
information relative to enlistment in the U. S.  
nel R. L. Shoemaker, Indiana University.

## . S. MARINES

University, regardless of class standing, are eligible  
rine Corps Reserve. If accepted, such students  
ich time they will be assigned to active duty for three  
ndidates will be commissioned as second lieutenants.

## ★ OPPORTUNITIES IN U. S. NAVY

### Naval Reserve-V-1.

Freshmen and sophomores under 20 years of age may enlist in the V-1 program and continue in school, freshmen for two years (six semesters for those in continuous attendance) and sophomores for one calendar year (three semesters for those in continuous attendance), at the end of which time they will take a comprehensive examination to determine whether they will be transferred to V-5 or V-7. If not transferred, they will be assigned to active duty as apprentice seamen.

### Naval Reserve-V-5.

Students enlisted in the V-1 program who make a satisfactory record on the comprehensive examination may, if they wish, be transferred to V-5, for assignment to the Naval Air Corps at the close of the semester in which they took the comprehensive examination. The V-5 program is also open for immediate service to second-semester sophomores not in the V-1 program, and to juniors and seniors. Students selected for V-5 will receive 30 days of preliminary training as seamen second-class, followed by nine months of flight training. Those selected for active flight duty will then be commissioned as ensigns in the Navy Reserve or second lieutenants in the Marine Corps Reserve.

### Naval Reserve-V-7.

Students enlisted in the V-1 program who make a satisfactory record on the comprehensive examination and who do not elect the V-5 option will be transferred to V-7. Such students may remain in college until they graduate, at which time they will be sent to special training schools to qualify for commissions as ensigns. Juniors who were not eligible for enlistment in V-1 as sophomores because they had already reached 20 years of age are eligible for enlistment directly in the V-7 program.

### Naval Reserve SC-V (P).

A limited number of juniors and seniors in the School of Business and the Department of Economics may enlist as probationary ensigns and remain in school until they graduate. After graduation such students will receive intensive training for commissions as ensigns.

### Naval Reserve H-V (P).

Students in the School of Medicine and the School of Dentistry and pre-medics and pre-dentals who have been accepted for admission to these schools are eligible for enlistment as provisional ensigns in the Medical and Dental Corps. Such students, if accepted, may continue in school until graduation and, in the case of medical students, until the completion of one year's internship, at which time they will be appointed as lieutenants (junior grade).





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